Team NL YDL 2025 Trials & NL Club Challenge Championship
Saturday 29th March 2025, Greenfaulds High School, Cumbernauld
(Note: as always times are approximate)

TRACK

Time	Age Group	Event
10:00	U13G	70mH
	U15G	75mH
	U13B / U15B	75mH /80mH
10:40	U13G	150m
	U13B	150m
	U15G	200m
	U15B / U17M	200m
	U17W/U20W	200m
	U20M	200m
11:45	U11G	600m
	U11B	600m
	U13G	800m
	U13B	800m
	U15G	800m
	U15B	800m
	U17W&M	800m

FIELD

Time	Age Group	Event
09:45	Hammer	all ages U15 <
10:00	U11G&B	Standing Long Jump
	All Ages	Discus
	U13G	Long Jump
10:15	U15G&U17W	Shot
11:00	All Ages	High Jump
	U13G	Shot
	U13B	Long Jump
11:30	U13B/U15B/U17M	Shot
	U15G	Long Jump

LUNCH

TRACK

Time	Age Group	Event
13:15	U11G	75m
	U11B	75m
	U13G	75m
	U13B	75m
14:00	U15G	100m
	U15B	100m
	U17W/U20W	100m
	U17M/U20M	100m
14:30	U13G&B	1200M
	ALL	1500m
	U15G & B	300m
	U17W	300m
	U17M	400m

FIELD

Time	Age Group	Event
13:15	U15B & U17M&W	Long Jump
	U11G&B	Shot
13:45	U13 G&B	Javelin
14:30	All U15's & U17's	Javelin
14:30	All U15's & U17's	Javelin