



Team NL YDL 2024 Trials & NL Club Challenge Championship
Sunday 24th March 2024, Greenfaulds High School, Cumbernauld
(Note: as always times are approximate)

TRACK				FIELD		
<u>Time</u>	<u>Age Group</u>	<u>Event</u>		<u>Time</u>	<u>Age Group</u>	<u>Event</u>
				09:45	Hammer	all ages U15 <
10:00	U13G	70mH	2heats	10:00	U11G&B	Standing Long Jump
	U13B/U15G	75mH	2heats		All Ages	Discus
	U15B / U17W	80mH	1heat		U13G	Long Jump
				10:30	U13 G	Shot
10:50	U13G	150m	3heats	11:00	All Ages	High Jump
	U13B	150m	1 heat		U15G&U17W	Shot
	U15G	200m	2 heats		U13B	Long Jump
	U15B & U17M	200m	1 Heat	11:30	U13B/U15B/U17M	Shot
	U17W	200m	1 heat		U15G	Long Jump
11:45	U11G	600m				
	U11B	600m				
	U13G	800m				
	U13B	800m				
	U15G	800m				
	U15B	800m				
	U17W&M	800m				
LUNCH						
13:15	U11G	75m	3 heats	13:15	U15B & U17 M&W	Long Jump
	U11B	75m	2 heats		U11G&B	Shot
	U13G	75m	3 heats			
	U13B	75m	2 heats			
14:00	U15G	100m	4 heats	14:00	U13 G&B	Javelin
	U15B	100m	1 heat	14:45	All U15's & U17's	Javelin
	U17W	100m	2 heats			
	U17M	100m	1 heat			
14:45	U13G&B	1200M				
	U15G & B	300m	1 heat			
	U17G	300m	1 heat			
	U17B	400m	1 heat			