

**TIMETABLE - YDL FINAL 2023**

**TRACK**

11.00am	80m Hurdles	U15 Boys A
	80m Hurdles	U15 Boys B
11.15am	75m Hurdles	U13 Boys A
	75m Hurdles	U13 Boys B
11.25am	75m Hurdles	U15 Girls A
	75m Hurdles	U15 Girls B
11.35am	70m Hurdles	U13 Girls A
	70m Hurdles	U13 Girls B
11.50am	150m	U13 Girls A
	150m	U13 Girls B
12.00am	150m	U13 Boys A
	150m	U13 Boys B
12.10pm	200m	U15 Girls A
	200m	U15 Girls B
12.20pm	200m	U15 Boys A
	200m	U15 Boys B
	Break	
13.00pm	800m	U13 Girls A
	800m	U13 Girls B
13.10pm	800m	U13 Boys A
	800m	U13 Boys B
13.20pm	800m	U15 Girls A
	800m	U15 Girls B
13.30pm	800m	U15 Boys A
	800m	U15 Boys B
13.45pm	75m	U13 Girls A
	75m	U13 Girls B
13.55pm	75m	U13 Boys A
	75m	U13 Boys B
14.05pm	100m	U15 Girls A
	100m	U15 Girls B
14.15pm	100m	U15 Boys A
	100m	U15 Boys B
14.30pm	300m	U15 Girls A
	300m	U15 Girls B
14.40pm	300m	U15 Boys A
	300m	U15 Boys B
14.50pm	1500m	U15 Girls A+B
15.00pm	1500m	U15 Boys A+B
15.10pm	1200m	U13 Girls A+B
15.20pm	1200m	U13 Boys A+B
15.40pm	4x100m	U13 Girls
15.50pm	4x100m	U13 Boys
16:00pm	4x100m	U15 Girls
16:05pm	4x100m	U15 Boys

**FIELD**

11.00am	U15 Girls	Long Jump
	U13 Girls	High Jump
	U15 B/G	Hammer 'A' only
	U13 Boys	Shot Putt
12.00pm	U15 Boys	Javelin
	U13 Girls	Long Jump
	U15 Girls	Shot Putt
12:30pm	U15G/B	Pole Vault 'A' only
12.30pm	U13 Boys	High Jump
13.00pm	U15 Boys	Shot Putt
	U15 Boys	Long Jump
	U15 Girls	Javelin
13.45pm	U15 Girls	High Jump
14.00pm	U13 Girls	Javelin
	U15 Boys	Discus
	U13 Boys	Long Jump
15.00pm	U15 Girls	Discus
	U15 Boys	High Jump
	U13 Boys	Javelin
	U13 Girls	Shot

16:15pm	4x300m	U15 Girls
16.25pm	4x300m	U15 Boys