



**Team NL YDL 2023 Trials & NL Club Challenge Championship  
Saturday 25th March 2023, Greenfaulds High School, Cumbernauld**

**Timetable of Events (Provisional)**

**(Note: as always times are approximate)**

TRACK			FIELD					
Time	Age Group	Event	Time	Age Group	Event			
<b>10:00</b>	U13G	70mH	<b>09:45</b>	Hammer	all ages U15 <			
	U13B	75mH		<b>10:00</b>	U11G/B	Standing Long Jump		
	U15G	75mH			U13G	Shot		
	U15B / U17G	80mH			U13G	Long Jump		
		All Ages	Discus					
<b>10:50</b>	U13G	150m	<b>11:00</b>	All Ages	High Jump			
	U13B	150m		U15G/U17G	Shot			
	U15G	200m		U13B	Long Jump			
	U15B	200m						
	U17G	200m						
	U17B	200m						
<b>11:45</b>	U11G	600m	<b>12:00</b>	U15G/U17W	Long Jump			
	U11B	600m		U13B/U15B/U17M	Shot			
	U13G	800m						
	U13B	800m						
	U15G	800m						
	U15B	800m						
	U17G	800m						
	U17B	800m						
<b>LUNCH</b>								
<b>13:15</b>	U11G	75m	<b>13:00</b>	U15B	Long Jump			
	U11B	75m		<b>13:30</b>	U11G/B	Shot		
	U13G	75m			<b>14:15</b>	U13 G/B	Javelin	
	U13B	75m				<b>15:15</b>	U15 & U17 B/G	Javelin
	U15G	100m						
	U15B	100m						
	U17G	100m						
	U17B	100m						
	U13G&B	1200M						
	U15G	300m						
	U15B	300m						
	U17G	300m						
	U17B	400m						
	U15/U17	1500m						