



Team NL YDL 2022 Trials & NL Club Challenge Championship

Saturday 26th March 2022, Greenfaulds High School, Cumbernauld

Timetable of Events (Provisional) (Note: as always times are approximate)

Track			Field		
Time			Time		
10.00 am	U13 G	70m H	09.30	All Ages	Hammer
10.10 am	U13 B	75m H			
10.20 am	U15 G	75m H	10.00	U11G	Standing Long Jump
10.30 am	U15 B/ U17 W	80m H		U13G	Shot
10.40 am	U17 M	100m H		U13G/ U13B	High Jump
10.50 am	U13 G	150m			
11:00 am	U13 B	150m	10.30	U13G	Long Jump
11:10 am	U15 G	200m			
11.20 am	U15 B	200m	10.45	U11 B	Standing Long Jump
11.25 am	U17 W	200m			
11.30 am	U17 M	200m	11:00	U15G/ U17W	Shot
11.45 am	U11 B	600m		U15/ U17 B&G	High Jump
11.50 am	U11 G	600m			
12:00 pm	U13 G	800m	11.30	U13B	Long Jump
12:05 pm	U13 B	800m			
12:10 pm	U15 G	800m	12.00	U13B/U15B/U17M	Shot
12:15 pm	U15 B	800m		U15G	Long Jump
12:20 pm	U17 W	800m			
12:25 pm	U17 M	800m			
12.30 pm – 13.15 pm Lunch					
13.15 pm	U11 G	75m	13.15	U15G/ U17W	Long Jump
13.30 pm	U11 B	75m			
13.45 pm	U13 G	75m	13.45	U15B/ U17M	Long Jump
14:00 pm	U13 B	75m		U11 B&G	Shot
14.10 pm	U15 G	100m			
14.20 pm	U15 B	100m	14.15	U15 B&G	Discus
14.30 pm	U17W	100m			
14.40 pm	U17 M	100m	14.30	All	Javelin
14.50 pm	U13 G&B	1200m			
15.00 pm	U15 G	300m			
15.10 pm	U15 B	300m			
15.20 pm	U15/U17	1500m			

NOTE: B&G = Boys and Girls

FIELD EVENTS – 3 Trials per athlete.