

GOOD PRACTICE GUIDELINES – ADULT TO CHILD RATIOS

The adult to child ratio recommended by Children 1st (Safeguarding in Sport Unit), for all children over 8 years of age, is 1:10.

This 1:10 ratio is a recommended minimum for daytime activities, and would be modified for other activities, such as: overnight stays, trips away from home and when additional risk factors are present such as organising activities for children who have previously displayed challenging behaviour, risks associated with a particular activity or event e.g. road running when one adult could not reasonably see all of the participants at once, and technical events where there are additional safety considerations.

At Cumbernauld AAC, when planning activities, the following factors will be taken into consideration in deciding how many adults are required to safely supervise children:

- The number of children involved in the activity.
- The age, maturity and experience of the children.
- Whether any of the group leaders or children has a disability or special requirements.
- Whether any of the children have challenging behaviour.
- The particular hazards associated with the activity.
- The particular hazards associated with the environment.
- The level of qualification and experience of the leaders.
- The programme of activities.
- Whether there are volunteers under the age 18.