



CLUB CHAMPIONSHIPS

TIME TABLE OF EVENTS

Saturday 15th September 2018

TRACK

Time

10.00am 70mH & 75mH

10.10am 80mH

10.20am 100mH

10.30am 60m

10.50am 75m

11.00am 100m

11.15am 800m

11.30am 300m

LUNCH BREAK

1.00pm 400m

1.10pm 150m

1.30pm 300mH

1.45pm 200m

2.00pm 600m

2.15pm 1500m

Fun Races

FIELD

Time

10.00am **Team 1** U11 G & B Long Jump
Team 2 High Jump U13s
Team 3 Shot putt M & F u13 +

11.00am **Team 2** High Jump u15+

1.00PM **Team 1** Long Jump U13G+
Team 3 Shot Putt U11s

2.00pm approx. **Team 3** Triple Jump