

Table 1

UNDER 11 BOYS	26/04 Helix Park	13/09 Helix Park	20/09 C/nauld 1k/3k/ 10k	26/09 Keswick 5K Run	03 and 04/10 Great Scottish Run	UNDER 11 GIRLS	26/04 Helix Park	13/09 Helix Park	20/09 C/nauld 1k/3k/ 10k	26/09 Keswick 5K Run	03 and 04/10 Great Scottish Run
Craig LITTLE	20										
Jude NEVILLE	15										
Calum HENDRY	12										
Sam BLOOMFIELD	10										
Max MCCAFFERTY	9										
Owen CHRISTIE	8										
Ethan CUNNINGHAM	7										
UNDER 13 BOYS						UNDER 13 GIRLS					
Alasdair MCMONAGLE	20					Hannah WALLACE	20				
Calum PETTIGREW-SMITH	15					Aimie HENDRY	15				
Euan STIRLING	12					Hannah SLEIGH	12				
Ethan SLEIGH	10					Sophie MILLER	10				
UNDER 15 BOYS						UNDER 15 GIRLS					
Arran KENNEDY	20					Emily MILLER	20				
Jacob BROWN	15										
UNDER 17 BOYS						UNDER 17 GIRLS					
UNDER 20 / SENIOR MEN						UNDER 20 / SENIOR WOMEN					

1st Cumbernauld athlete = 20 points, 2nd = 15, 3rd=12, 4th=10, 5th=9, 6th=8, 7th=7, 8th=6, 9th=5,10th=4,11th=3,12th=2, 13th=1. Points are awarded for each race, with an athletes best 3 performances counting.i.e the most points which any athlete can accrue would be 60 points (i.e. 3 races where he/she finished first Cumbernauld athlete.) At the end of the championship, in the event that 2 or more athletes are tied on points, the performances at the Great Scottish Run / Junior Run will be used as a decider. If this proves inconclusive, accumulative times in head to head races will be utilised. Under 11- under 15s therefore have 4 races where they can compete, with their best 3 performances counting. under 17s / seniors have 3 races, with results in all 3 races counting. ****Helix Park Runs only open to under 16 yrs and therefore counting races for under 11,13,15 age groups only.*****Keswick Park Run - non scoring event for under 11/13/15s although still able to participate****