

Table 1

UNDER 11 BOYS	26/04	13/09	20/09	26/09	03 and	Total	UNDER 11 GIRLS	26/04	13/09	20/09	26/09	03 and	Total
	Helix	Helix	C/nauld	Keswick	04/10			Helix	Helix	C/nauld	Keswick	04/10	
	Park	Park	1k/3k/ 10k	5K Run	Great Scottish Run	Date		Park	Park	1k/3k/ 10k	5K Run	Great Scottish Run	Date
Craig LITTLE	20	20	20			60	Sophie MILLER	20	15	10			45
Sam BLOOMFIELD	10	15	20			45	Elise MCDUFF		20	12			32
Jude NEVILLE	15	12	15			42	Keri WELSFORD			20			20
Max MCCAFFERTY	9	9	12			30	Lucy BOWMAN			20			20
Euan WALLACE		10	12			22	Mia FORREST			20			20
Ethan CUNNINGHAM	7	7	8			22	Evie DOUGAN			15			15
Rory MURRAY			20			20	Nieve GRAHAM			15			15
Lucas FREW			15			15	Melissa MANFREDINI			15			15
Luke JOYCE			15			15	Lauryn TOBIN			12			12
Calum HENDRY	12					12	Jodie SULLIVAN			12			12
Adam ATKINSON			10			10	Amy CRUDEN			10			10
Matthew BISSETT			10			10	Olivia AKINDELE			9			9
Jamie SOMMERVILLE			9			9							
Owen CHRISTIE	8					8							
Callum OREILLY		8				8							
Josh TURNBULL		6				6							
Craig SWEENEY			7			7							
Struan HOLLAND			6			6							
UNDER 13 BOYS							UNDER 13 GIRLS						
Alasdair MCMONAGLE	20	20	20			60	Hannah WALLACE	20	20	20			60
Luc ABERCROMBIE		15	6			21	Aimie HENDRY	15	12	12			39
Anthony YOUNG		10	8			18	Amy KENNEDY		15	20			35
Calum LITTLE			15			15	Amy THOMSON		9	10			19
Calum PETTIGREW-SMITH	15					15	Saiorse FERGUSON			15			15
Nathan HILLON		12				12	Natalie MAXWELL			15			15
Marco STEWART			12			12	Hannah SLEIGH	12					12
Euan STIRLING	12					12	Abby GRAHAM						10
Jamie HOLLAND			10			10	Neve CAMPBELL		10				9
Ethan SLEIGH	10					10	Chloe BALFOUR			9			8
Louis WISHART			9			9	Emma MAIR		8				8
Ewan ELLIOTT			9			9	Ellie FORREST			8			8
Murray ELLIOTT			7			7	Jodie SULLIVAN			8			
Ross GOVAN			7			7							
UNDER 15 BOYS							UNDER 15 GIRLS						
Jacob BROWN	15	20	15			50	Emily MILLER	20	15	15			50
Arran KENNEDY	20	10	10			40	Tegan KERR		20	20			40
Sam GLEN		12	20			32	Lucy MARSHALL			12			12
Christopher MAIN		15	12			27	Lucy WINNING			10			10
Calum STEWART		9	8			17	Erin GRAHAM			9			9
Fraser SWEENEY			9			9							
Jamie TOBIN			8			8							
UNDER 17 BOYS							UNDER 17 GIRLS						
Hamish COUTTS			20	15		35	Sophie CRIMMIN			20	20		40
Lewis BROWN				20		20	Emma BALFOUR			20	12		32
Daniel WINNING				12		12	Robyn GEMMELL				15		15
Connor RICHARDSON				10		10	Beth TOBIN			15			15
Aeden GRIMSHAW				9		9	Emily McMAHON				12		12
UNDER 20 / SENIOR MEN							UNDER 20 / SENIOR WOMEN						
results to follow							results to follow						

1st Cumbernauld athlete = 20 points, 2nd = 15, 3rd=12, 4th=10, 5th=9, 6th=8, 7th=7, 8th=6, 9th=5, 10th=4, 11th=3, 12th=2, 13th=1. Points are awarded for each race, with an athletes best 3 performances counting.i.e the most points which any athlete can accrue would be 60 points (i.e. 3 races where he/she finished first Cumbernauld athlete.) At the end of the championship, in the event that 2 or more athletes are tied on points, the performances at the Great Scottish Run / Junior Run will be used as a decider. If this proves inconclusive, accumulative times in head to head races will be utilised. Under 11- under 15s therefore have 4 races where they can compete, with their best 3 performances counting. under 17s / seniors have 3 races, with results in all 3 races counting. ****Helix Park Runs only open to under 16 yrs and therefore counting races for under 11,13,15 age groups only.*****Keswick Park Run - non scoring event for under 11/13/15s although still able to participate****