



## Team North Lanarkshire YDL Trials - Timetable of Events Saturday 28<sup>th</sup> March 2015, Wishaw Sports Centre

Track			Field		
Time			Time		
10.00pm	U13 G	70m H	10.00	U11G	Long Jump <b>Pit 1</b>
10.10pm	U13 B	75m H		U11 B	Long Jump <b>Pit 2</b>
10.20pm	U15 G	75m H		U13G/ U13B	High Jump
10.30pm	U15 B/ U17 W	80m H		U13G	Shot
10.40pm	U17 M	100m H			
11:00pm	U13 G	150m	11:00	U15G/ U17W/ U20W	Shot
11:15pm	U13 B	200m		U13G	Long Jump <b>Pit 1</b>
11:20pm	U15 G	200m		U13B	Long Jump <b>Pit 2</b>
11.30pm	U15 B	200m		U15/ U17/U20 B&G	High Jump
11.40pm	U17/ U20 W	200m			
11.50pm	U17m	200m			
12.00pm	U20W	200m	12.00	U13B/U15B/U17M/U20	Shot
12.05pm	U20M	200m		U15G	Long Jump <b>Pit 1</b>
12.10	U11B	600m		U15B/ U17M/ U20M	Long Jump <b>Pit 2</b>
12.25	U11G	600m			
12:40 pm	U13 G	800m			
12:45pm	U13 B	800m			
12:50 pm	U15 G	800m			
12:55 pm	U15 B	800m			
13:00 pm	U17/ U20 W	800m			
13:05 pm	U17/ U20 M	800m			
<b>13.05 – 13.30</b>	<b>Lunch</b>				
13.30 pm	U11 G	75m	13.30	U13 / U15 B&G	Javelin
13.45 pm	U11 B	75m		U17W/ U20W	Long Jump <b>Pit 1</b>
14:00 pm	U13 G	75m			
14:15 pm	U13 B	100m			
14:25 pm	U15G	100m			
14:35 pm	U15 B	100m	14.30	U15G/ U17M	Hammer
14:45 pm	U17W	100m			
15:00 pm	U20 W	100m			
15.05pm	U17 M	100m			
15.10pm	U20 M	100m			
15:15 pm	U13 G	1200m			
15:20 pm	U15 G	300m			
15:25 pm	U15 B	300m			
15:30 pm	All Ages	1500m			
15.40 pm	U11 G/ B 4 x 100m Relay				
14.50 pm	U13 G/ B 4 x 100m Relay				
16.00 pm	U15 G/ B 4 x 100m Relay				
16.10 pm	U17 M/W 4 x 100m Relay				
16.20 pm	U20 M/W 4 x 100m Relay				

**NOTE: B&G = Boys and Girls**

**FIELD EVENTS – 3 Trials per athlete.**