

| Competition | Date | Team Sheet Closing Date |
|--------------------|----------------------|--------------------------------|
| SAIL Match 1 | Sunday 15th December | Wednesday 11th December |
| SAIL Match 2 | Sunday 5th January | Wednesday 1st January :-) |
| SAIL Match 3 | Sunday 23rd February | Wednesday 19th February |

| Age Group Cirteria | Age Group Dates |
|---------------------------|--------------------------|
| U11 | 01/09/2003 to 31/08/2004 |
| U13 | 01/09/2001 to 31/08/2003 |
| U15 | 01/09/1999 to 31/08/2001 |
| U17 | 01/09/1997 to 31/08/1999 |
| U20 | 01/09/1995 to 31/08/1997 |

| Proposed Number of Teams | Total # of Teams |
|---------------------------------|-------------------------|
| U11: 3 Boys and Girls Teams | 4 |
| U13: 3 Boys and Girls Teams | 4 |
| U15: 2 Boys and 3 Girls Teams | 4 |
| U17: 2 Boys and 2 Girls Teams | 4 |
| U20: 1 Mens Team | 1 |
| Total: | 17 |

U11 Athletes SAIL Selection

Boy SAIL Candidates
 Girls SAIL Candidates

Team Managers: Gary
 Catriona

| Bus | Surname | First Name | DOB | SA Number | 60M | 600M | SLJ | Coach |
|-----|---------|------------|------------|-----------|-----|------|-----|-------|
| | Chapman | April | 29/12/2003 | SA 29642 | 9 | 109 | | Gary |
| | Coutts | Stella | 25/09/2003 | SA 27680 | 110 | | 110 | Gary |
| | Jeffrey | Emma | 25/02/2004 | SA 32108 | | 9 | 9 | Gary |
| | Maxwell | Natalie | 13/07/2004 | TBC | 109 | | 109 | Gary |
| | Murray | Euan | 05/01/2004 | SA 32090 | | 109 | 109 | Gary |
| | Wallace | James | 15/01/2004 | TBC | 10 | | 10 | Gary |
| | Brown | Jacob | TBC | TBC | 109 | 9 | | Gary |
| | Doak | Angelina | 24/07/2004 | TBC | 10 | | 10 | Gary |
| | Rennie | Ben | 13/01/2004 | TBC | 9 | | 9 | Gary |
| | Elliot | Murray | 06/05/2004 | TBC | 110 | | 110 | Gary |

Events 60m Cumbernauld A 09/109
 600M Cumbernauld B 10/110
 SLJ

U13 Athletes SAIL Selection

Boy SAIL Candidates
Girls SAIL Candidates

Team Managers: **Andrena
Stephen/ Lynne**

| Bus | Surname | First Name | DOB | SA Number | 60M | 60M Hurdles | 200M | 800M | HJ | LJ | SP | Coach |
|-----|-----------------|------------|------------|-----------|-----|-------------|------|------|----|----|----|---------------|
| | Atkinson | Paul | 30/09/2002 | SA 25551 | | | | | | | 9 | Gary |
| | Balfour | Chloe | 12/03/2003 | SA 25631 | | | | | 10 | | | Gary |
| | Brown | Jacob | 12/03/2002 | SA 25753 | 10 | | | | | | | Stephen |
| | Chalmers | Munro | 06/09/2002 | SA 24388 | | | | | | 9 | | Stephen |
| | Flynn | Michael | 04/03/2003 | SA 27822 | | | | | 9 | | | Stephen |
| | Forest | Ellie | 18/05/2003 | SA 28025 | | | | | 9 | | | Gary |
| | Glen | Sam | 03/05/2002 | SA 28060 | | | | 10 | | | | Stephen |
| | Hendry | Aimie | 08/04/2003 | SA 29132 | | | 10 | | | 10 | | Gary |
| | Humphreys | Nikkala | 05/04/2002 | SA 24310 | 10 | | | | | | | Donald |
| | Little | Calum | 02/09/2002 | SA 29474 | | | | 9 | | | | Stephen |
| | McCulloch | Luisaidh | 11/08/2003 | SA 27877 | | | | 9 | | | | Donald |
| | McCulloch | Keir | 06/05/2003 | TBC | | | | 10 | | | | Gary |
| | Mclaughlin | Kyle | 15/10/2002 | TBC | 9 | | | | | | | Gary |
| | Murray | Logan | 25/11/2002 | SA 26826 | | 10 | | | | | | Gary |
| | O'Reilly | Ellie | 27/03/2003 | SA 26833 | | | | 10 | | | | Gary |
| | Pettigrew-Smith | Calum | 07/01/2003 | TBC | | | | 9 | | | | Gary/ Stephen |
| | Sleigh | Hannah | 25/09/2002 | SA 29125 | | 10 | | | | | | Gary |
| | Smith | Matthew | 15/05/2003 | TBC | | | | | | | 10 | Gary |
| | Steel | Krishan | 19/03/2002 | TBC | | | | | | | | Gary |
| | Tobin | Jamie | 12/12/2001 | SA 24353 | | | | | 10 | | | Stephen |
| | Wallace | Hannah | 31/12/2002 | SA 25646 | | | | 9 | | | | Stephen |
| | Wallace | Hannah | 27/08/2003 | SA 28180 | 9 | 9 | | | | | | Don9ld |
| | Winning | Lucy | 19/03/2002 | TBC | | | | | | 9 | | Stephen |
| | Elliott | Ewan | 10/09/2002 | TBC | | | | | | 10 | | Gary |
| | Forest | Molly | 13/12/2002 | TBC | | | | | | | 9 | Gary |

Events

Track

Field

60m
800m
60m Hurdles
200m

High Jump
Long Jump
Shot Putt

U15 Athletes SAIL Selection

 Boy SAIL Candidates
 Girls SAIL Candidates

Team Managers: Stuart Gillian

| Bus | Surname | First Name | DOB | SA Number | 60M | 60M Hurdles | 200M | 300m (Girls) | 400M (Boys) | 800M | HJ | LJ | SP | Coach |
|-----|-----------|------------|------------|-----------|-----|-------------|------|--------------|-------------|------|----|----|----|---------|
| | Bell | Holly | 07/09/2000 | SA 27982 | | | | 9 | | | | | | Stephen |
| | Brown | Emma | 09/01/2000 | SA 28476 | | | | 10 | | | | | | Stephen |
| | Chalmers | Liberty | 14/05/2000 | SA 24387 | | | | | | | | 9 | | Donald |
| | Coutts | Hamish | 27/03/2000 | SA 24197 | | | | | | 9 | | 9 | | Stephen |
| | Gemmell | Robyn | 24/05/2000 | TBC | 10 | | | | | | | | | Donald |
| | Jennings | Elizabeth | 29/01/2000 | SA 26642 | | | 10 | | | | | | | Archie |
| | Kennedy | Sean | 20/11/1999 | SA 26859 | | | 10 | | | 10 | 10 | | | Stephen |
| | Kerr | Tegan | 17/10/2000 | SA 24298 | | | | | | 9 | | | 9 | Stephen |
| | McGinness | Anna | 12/11/1999 | SA 24382 | 9 | | | | | | | | | Donald |
| | McInally | Shannon | 24/01/2001 | SA 28080 | | 10 | | | | | 10 | 10 | | Donald |
| | MacLean | Cameron | 08/06/2001 | SA 25610 | | | 9 | | | | 9 | | | Stephen |
| | McMahon | Emily | 19/03/2000 | SA 28065 | | | | | | 10 | | | | Stephen |
| | Tobin | Beth | 22/03/2000 | SA 18916 | | 9 | 9 | | | | | | | Donald |
| | Tough | Harry | 25/04/2001 | SA 26176 | | | | | | | | | | Doanld |
| | Wallace | Lewis | 14/09/2000 | SA 21519 | | | | | | | | | 9 | Stephen |
| | Warriar | Lily | 13/01/2001 | SA 29464 | | | | | | | 9 | | | Donald |
| | Egan | Lara | 14/01/2001 | TBC | | | | | | | | | 10 | Stephen |

| Events | Track | Field |
|--------|--------------|-----------|
| | 60m | High Jump |
| | 800m | Long Jump |
| | 60m Hurdles | Shot Putt |
| | 200m | |
| | 400m (Boys) | |
| | 300m (Girls) | |

U17 Athletes SAIL Selection

Boy SAIL Candidates
 Girls SAIL Candidates

Team Managers: Stephen

| Bus | Surname | First Name | DOB | SA Number | 60M | 60M Hurdles | 200M | 300M (Girls) | 400M (Boys) | 800M | HJ | LJ | SP | Coach |
|-----|------------|------------|------------|-----------|-----|-------------|------|--------------|-------------|------|----|----|----|---------|
| | Balfour | Emma | 14/09/1998 | SA 13406 | | | | | | 9 | 9 | | | Stephen |
| | Brown | Lewis | 02/09/1998 | SA 20381 | | | | | 9 | | | | | Stephen |
| | Duncan | Eilidh | 11/06/1998 | SA 18491 | | 9 | | | | | | | 9 | Archie |
| | Dunese | Rebekah | 13/07/1998 | SA 28095 | | | | | | 10 | | 10 | | Stephen |
| | Gallagher | Fraser | 29/06/1999 | SA 26175 | 9 | 9 | | | | | | 9 | | Archie |
| | Kirkwood | Ross | 12/06/1999 | SA 28004 | | | | | | | | | 10 | Donald |
| | McCulloch | Eilidh | 02/09/1998 | SA 19771 | 10 | | | | | | | | | Archie |
| | Pagent | Ben | 24/10/1998 | TBC | 10 | 10 | | | | | 10 | | | Archie |
| | Richardson | Cameron | 27/08/1998 | SA 22289 | | | | | | 9 | | | | Stephen |
| | Winning | Daniel | 13/10/1998 | SA 29893 | | | 9 | | | | 9 | | 9 | Archie |
| | Wright | Jane | 14/08/1999 | SA 30124 | 9 | | | 9 | | | | | | Archie |
| | Wylie | Elise | 26/10/1998 | SA 13405 | | | 9 | | | | | 9 | | Archie |

Events

Track

60m
 800m
 60m Hurdles
 200m
 400m (Boys)
 300m (Girls)

Field

High Jump
 Long Jump
 Shot Putt

U20 Athletes SAIL Selection

 Boy SAIL Candidates
 Girls SAIL Candidates

Team Managers: Stephen

| Bus | Surname | First Name | DOB | SA Number | 60M | 60M Hurdles | 200M | 300M (Girls) | 400M (Boys) | 800M | HJ | LJ | SP | Coach |
|-----|-----------|------------|------------|-----------|-----|-------------|------|--------------|-------------|------|----|----|----|--------|
| | Gallagher | Murray | 04/06/1997 | TBC | A | | A | | | | | | A | Archie |

Events

Track

60m
 800m
 60m Hurdles
 200m
 400m (Boys)

Field

High Jump
 Long Jump
 Shot Putt